

Edinburg Parks & Recreation Department

YOUTH VOLLEYBALL LEAGUE

OFFICIAL RULES & REGULATIONS

Revised 9-28-26

VOLUNTEERS:

1. **MANDATORY - ALL COACHES** must follow the City of Edinburg Volunteer guidelines. As per City of Edinburg volunteer policy, ALL NEW COACHES will be required to complete a volunteer application.

MANDATORY ALL VOLUNTEER COACHES will be subject to a criminal background check and police record check. If the checks are clear then you can coach. If any red flags appear, you will not be able to coach.

SNACKS:

No Outside Food or Drinks will be allowed into the Edinburg Parks & Recreation & El Tule Gyms. After the game, Team Snacks need to be distributed outside the facility. TEAM SNACKS ARE ON A VOLUNTEER BASIS.

NOISE MAKERS:

No artificial noise makers of any kind are not allowed in the gym during games and practices. Some examples are air horns, whistles, clappers, rattlers, etc.

PLAYER ELIGIBILITY:

1. The league will consist of four (4) girls volleyball grade divisions: K/1st, 2nd/3rd; 4th/5th; 6th grade.
2. Players will be placed on teams according to schools. Volunteer coaches must be from the same school. Siblings will be assigned to the same team, while other family members will be placed on teams aligned with their respective schools.
3. Participants must provide proof of school and verified before the 1st game of the league. All participants have to play in their respective grade division. Participants can NOT move up or down in Grade divisions, NO EXCEPTIONS!
7. No travel, A.A.U., All-Star, or any such team(s) will be allowed to enter the league.

PROTEST:

1. **An Eligibility Protest must be presented to the Edinburg Parks and Recreation Department in writing no later than twenty-four (24) hours after the completion of the league game in question or forty-eight (48) hours on weekend games.** Only the team manager and assistant manager are authorized to request and file a eligibility protest and the game officials and score keepers need to be informed of the protest. The Edinburg Parks and Recreation Department will investigate and rule on the protest at its discretion. **A \$100. Non-Refundable protest fee must be accompanied with the protest form.**
2. **Rule Protest on a rule violation must be submitted in writing and presented to the Edinburg Parks and Recreation Department no later than twenty-four (24) hours after the completion of the game in question or forty-eight (48) hours on weekend games.** Only the team manager and assistant manager are authorized to file a rule protest and the game officials and score keepers must be informed of the protest and the rule in question at the time of the infraction and before the game is over. **A \$50. Non-Refundable protest fee must be accompanied with the protest form.**

COACHES DUTIES & CONDUCT:

1. Coaches assigned to a team are responsible to educate the participants on the basic skills inherent to volleyball. Emphasis is not placed on winning, but on participation, team work, sportsmanship, and providing team players with a positive and fun recreational experience; while, providing team safety, team member discipline and demonstrating good sportsmanship before, during, and after games and practices.

2. Every coach is responsible for his/her own conduct on and off the court and also of their players and parents. Unsportsmanlike conduct by coaches, spectators, or participants will not be tolerated. Individuals may be suspended due to unsportsmanlike conduct at the discretion of the Edinburg Parks & Recreation Department.
3. Any coach or player ejected or disqualified from a game on the second offense may be subject to disqualification from the youth volleyball program.
4. Coaches, players or parents disqualified/ejected must leave the facility immediately or if necessary, will be escorted by law enforcement.
5. Any coach who pulls the team off the court and leaves the gym/game will be disqualified to coach the remainder of the season and will not be allowed to return as a coach of the Edinburg Parks & Recreation Dept.
6. **No Loop earrings, no hair clip/braid with charms/beads, is allowed. Stud Earrings are only Allowed.**
7. Volunteer coaches are responsible for assigning practice sessions. Court space reservations must be made by volunteer coaches only. Please contact Edinburg Parks & Recreation Staff for court reservations.
8. Coaches are responsible for securing other gym court space for practices as needed at any **ECISD Gym**.
9. **Coaches are responsible for ensuring that every player plays one complete game.**
10. All League Official decisions are final. Coaches are responsible for implementing the official rules and regulations to team members and instilling in them fair play and sportsmanship at all times.
11. The Edinburg Parks & Recreation Staff will be enforcing the rules and regulations pertinent to the Youth Volleyball League.
12. Please be advised volunteer coaches you can NOT issue any type of pill/capsule form of vitamin, aspirin, ibuprofen or pain relief, energy drink, sports or dietary supplement of any kind to any participant while performing your duties as a volunteer coach for the City of Edinburg.

RULES & REGULATIONS

1. Current U.I.L. rules and regulations will be used with some exceptions.
2. Volleyball officials have the final authority on all matters concerning league play. The ball is in play when the official whistles to allow the serve and continues until the official blows the whistle again to stop the play on a penalty or point.
3. Before set #1, the first serve shall be decided by a coin toss. League Official will determine who call the flip in the air. In set #2, the first serve will go to the team that did not receive the first serve in set #1. If set #3 is necessary, the first serve will be decided by a coin toss. After set 1 teams will switch sides.
3. Games will consist of best two (2) out of three (3) sets.
4. Coaches are responsible for notifying the Edinburg Parks & Recreation Department if a player drops out of the team. Each team roster will have a maximum of twelve (12) players and only two (2) volunteer coaches per team.
5. Teams must begin with six (6) players on the court. Exception: if a team has five (5) players at game time or are left with only five players during the game, then the **team can continue to play with only five players** but will lose serve when the rotation is complete.
6. **There will be a TEN (10) minute grace period from the scheduled start of the 6:00 PM game ONLY before a match is considered a forfeit.**
7. **Three (3) timeouts will be allowed for the entire game.** Timeouts can be used any time.

8. Coaches must fill out a team roster/line up sheet before games begin and complete their rotations for the first and second games.
9. **All players must play one complete game of 25 or 15 points. Regulation U.I.L., NO Substitution will be allowed for all grade divisions throughout the entire match.**
10. **If the server has scored three consecutive points, it will be an automatic side out for the opposing team. The opposing team will have to rotate.** This applies to all grade levels.
11. Grade levels 2ND -3RD; 4TH -5TH, & 6th: Sets 1 and 2 will be played first to twenty-five (25) pts. capped and set 3 will be played to fifteen (15) pts.
- a) Grade division K-1ST: Sets 1 and 2 will be played first to twenty (20) pts. capped and game 3 will be played first to fifteen (15) pts.
12. All participants will serve from a designated area. In the event that the ball hits the net on serve and falls on the opponent side of the court, play will continue.
13. The receiving team is not allowed to block or spike on a served ball.
14. A ball is considered dead if it:
 - A. Crosses the net not entirely inside the vertical tape markers
 - B. Lands out of bounds
 - C. Touches the floor within the playing area
 - D. Touches the ceiling or any obstruction above the court and is not contacted by the same team
 - E. Contacts other obstructions located outside the court area and bounces back into play.
15. Multiple hits will be allowed on the first contact. Hand setting return is allowed and accidental foot contact
16. Officials will be lenient for all grade levels.
17. A player may cross the centerline with any limb(s) as long as the limb(s) remain on or above the centerline and that the individual does not interfere with the play of an opponent.
18. **All participants must properly tuck in their uniform top before and during each game to promote uniformity. If league shirt is altered in any way, shape, or form, the player(s) will be asked not play the game. If a player(s) is not wearing her assigned shirt, the player(s) can not play for that game and can not use another player's shirt.**

REGUALTIONS

1. Games will be played on a regulation volleyball court.
2. Net height at center:
 - A. 6 feet for grade levels K-1ST and 2ND -3RD
 - B. 7 feet for 4TH -5TH
 - C. Regulation height for 6th Grade (7ft 4 1/8inches)
3. **Serving Area:**
 - A. 10 feet for K-1ST (10ft spiking line) **TRAINER BALL**
 - B. **20 feet for 2nd-3rd (3 point line) VOLLEY LITE BALL**
 - C. 25 feet for 4TH -5TH
 - B. 30 feet 6th GradePlayers will no longer move up to serve, regardless if they do not serve over the net on their first attempt.

OFFICIAL'S CARDING PROCEDURES (PLAYER'S/COACHES' ONLY)

1. YELLOW CARD – Warning, No penalty
2. RED CARD – Penalty, loss of point or side out
3. YELLOW/RED CARDS TOGETHER – Ejection of player/coach for the remainder of the game
4. YELLOW/RED CARDS IN SEPARATE HANDS – Disqualification of player/coach for the match and suspension for the next scheduled game.

SPORTSMANSHIP

1. Any player/coach/spectator involved in a fight will be automatically ejected from the game and will be suspended for a minimum of one game. If the incident is serious, the player/coach will be suspended additional games or removed/ejected for the remainder of the season upon discretion of the Recreation Manager.
2. Vulgar language, obscene gestures, threats and physical violence - regardless which player(s)/coach(es), spectator(s) or volunteer(s) started it will result in a minimum suspension of one game to removal from league play or a maximum of life suspension from any Edinburg Parks and Recreation Department league.
3. Every coach, player or spectator is responsible for his/her own conduct on and off the court. Coaches are responsible for their team parent's conduct on and off the court. Unsportsmanlike conduct by coaches, spectators, or participants will not be tolerated, regardless if its practice or regular season games. Individuals may be suspended due to unsportsmanlike conduct at the discretion of the Recreation Manager.
4. Any coach, player or spectator that is ejected from the game must leave the facility immediately. Should a player, coach or spectator be ejected on a second occasion, the offender(s) will automatically be suspended for the remainder of the season. The league supervisors/officials have the authority to eject any player, coach or spectator at any time for unsportsmanlike conduct. Failure to adhere to the rule, the Edinburg Police Department will be notified and the game will be determined a forfeit for that team.
5. Any assault or physical violence directed toward a league official and/or staff will result in a five (5) year to life suspension from further participation of any program sponsored by the Edinburg Parks and Recreation Department.
6. If the league official witnesses any act of unsportsmanlike act, the game will be stopped and the player will be given a warning then ejected from the game.
7. Taunting or "trash talking" to opposing player(s) or coaches will not be allowed. Profanity by any player/coach will NOT be tolerated. Referee has the right to determine language which is offensive. The referee will give one warning to each team and if the taunting or "trash talking" continues the player/coach will be ejected from the game.
8. When a warning is given to the head coach or assistant coach, the warning pertains to both coaches.
9. Any player/coach that is ejected from the game will have to sit out one game. If player/coach is ejected a second time, player/coach will be removed from the league. If player is removed from league, player will not receive a refund. If coach is removed from league, coach will not be able to coach any youth league in Edinburg for one year.
10. Referees will determine incidental contact which may result from normal play.
11. **No end of season tournament.** Final Standings will determine the top 4 teams. Should there be a tie, head to head competition will first break the tie. If the two teams tied did not play each other, then a point spread for every game will be used to break the tie.